

CFUW Nepean News BYTES Vol 24 No 2 Dec 2023/Jan 2024

# **UPCOMING MEETINGS**

# Tuesday Dec 5, 2023 Noon

Holiday Lunch - Mandarin Restaurant 290 W. Hunt Club

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# **Upcoming Events**

December 6 National Day of Remembrance and Action on Violence Against Women

December 10 Human Rights Day

January 9, 1PM Via Zoom General Meeting

Guest Speaker: Moyra Lauziere (Heart and Stroke Foundation) on the symptoms for women's heart attacks and strokes

#### January 24 International Day of Education

#### January 25, 7PM Via Zoom

Guest Speaker: Rosella Bjornson, on her life growing up on a Canadian farm then becoming the first woman Canadian commercial airline pilot

## February 6, 1PM Via Zoom General Meeting

Guest Speaker: Professor Rod Phillips on wine and the French Revolution

## February 25, 7PM Via Zoom

Guest Speaker: Ottawa Police Constable Martin Riopelle on scams and fraud systems directed to

seniors

# The President's Message

#### HAVE YOURSELF A MERRY LITTLE CHRISTMAS

My first thought as I began writing this was to rail against the evils of the day, the troubles we face, but I resisted. You are all well-educated women, who know these evils only too well, and it is, after all, a season of joy, not of lament.

My next thought was to list the many ways we are fortunate to live where we do, but you know those also.

I do share one happy bit of news, and this too you might already know: a self defense course for girls is mandatory in Ontario, a mandatory part of a Physical Education course which must be taken in one of the senior years of high school. No help against a crazed gunman, but my granddaughter, who took the course four years ago, said that every girl in her class felt safer, empowered by the course.

Every Christmas season, I find some magic, something special to hold on to, and that is what I wish for you. May your time with friends and family, the meals, and gifts you share, every song, every snowflake, every set of lights, bring you joy. As Charles Dickens said, God bless us, everyone.

My good wishes, of course, include hope for the new year, for all that is wonderful in 2024.

Joan



Photo Credit B. Junkins

# **Members Corner**

# Welcome to new CFUW Nepean Members!!

# Roberta (aka Bobbie) Balmer

I was born in Glasgow, Scotland but raised in northern England.

I became interested in music at an early age and was not shy about singing on stage. I obtained my Teachers' Certificate with music as a speciality. I was also singing with Opera Groups and playing violin with a local quartet near College.

My husband and I emigrated to Canada in 1967 and I taught in Toronto, Port Carling, Montreal, and South Shore Quebec. Sometime later as a single mom, I began my studies at McGill. I worked through the Reading Certificate (special Ed.), B. Ed, M. Ed and most of the D. Ed. I marketed myself as an international Consultant and travelled widely working with the Special Education Population.

I joined the CFUW in the '90's and came up through the ranks; VP, President (3 years), then VP Quebec with National. I have attended the Triennial and the United Nations Commission on the Status of Women (UNCSW) on several occasions. I have found these meetings interesting and worthwhile.

# **Catherine (Keen) Faubert**

I was born in NDG, Montreal, 09-09-1953, graduated from *Sir George Williams University*. BSc, 1976, moved to Ottawa Spring, 1976 and have lived in Bells Corners since Dec., 2002. I have been married to Raymond Faubert since 1980, have had many "fur" babies and lived with Type 1 Diabetes for 67 years and its complications. I have loved Nature since childhood and have camped in many interesting places, as well as some international travels, like Bermuda to visit family.

I have given many decades of volunteer work in the community, especially CFUW Kanata over the past 20 years, in Executive roles, Interest Groups Convenor and behind the scene activities. CFUW is an integral part of my life as its mandate appeals to my personality. I am looking forward to my involvement with CFUW Nepean, especially the book club as I have been an avid eclectic reader all my life. I believe in education, advocacy, and community service.

# 16 Days of Activism Against Gender-Based Violence

-Beth Junkins

The 16 Days of Activism Against Gender Based Violence (GBV) began in 1991 by activists at the Women's Global Leadership Institute. Supporting this initiative, in 2008, the UN launched a campaign to run in parallel: UNITE by 2030 to End Violence against Women. (UNITE). These strategies help groups around the globe to mobilize and take action to prevent and end violence against women.

The starting date was chosen to coincide with the International Day for the Elimination of Violence Against Women (#No Excuse) on Nov 25, and end on Dec 10, Human Rights Day. This is a time to focus our energy and action on bringing attention to this devastating issue, and lobby for real change and solutions.

Sadly, these 16 days also include Dec 6, the day that 14 women were killed at l'ecole Polytechnique in Montreal in 1989 – killed simply because they were women. This is now a <u>national day of remembrance</u> in Canada commemorating these deadly events.

The CFUW National has put together an information package with details about GBV and several key areas of focus: GBV against indigenous women and girls; violence against women in politics; gun violence and GBV. It provides facts, actions to take and additional resources related to GBV.

One step we can all take is to get better informed. This toolkit is very useful to learn the facts and improve understanding of the issue. Please take some time to read the information and think about what we can each do help end GBV. -

Go to the links in this article, or the websites below to access the CFUW toolkit on GBV.

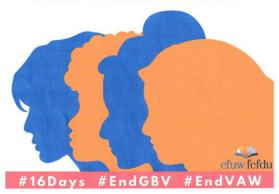
https://cfuw.org/take-action/16-days-of-activism-2023/

https://cfuwadmin.org/wpcontent/uploads/2023/11/16-Days-of-Activism-Information-Package.pdf

# GENDER-BASED VIOLENCE IMPACTS ALL OF US

ACTION STARTS WITH YOU

STAND UP AGAINST VIOLENCE



# Jan 24 International Day of Education

-Betty Ann Grainger

CFUW Nepean's charter was granted in 1991. Article 11 of our Constitution states that one of the purposes of our Club is "to promote high standards of public education, life-long learning and advanced study and research by women"....women helping women.

Education is a human right. It is enshrined in Article 26 of the Universal Declaration of Human Rights. When children are educated, they are given a ladder out of poverty and a path to a promising future.

As a teacher for over 30 years, I have tried to impart to my students that knowledge is so very important - and here's why. Communication skills are improved when you learn how to read, write, speak and listen. Critical thinking is developed when you're in a learning environment. Using logic in decision-making and interacting with other people will enhance your time management skills. When you can meet basic job qualifications, you're more likely to secure a better job and, hopefully, one that you enjoy. Gender equality is promoted through education. A World Bank

report found that an extra year of schooling for girls in Peru reduces teen pregnancy rates by almost seven per cent. Women also have more control over how many children they have. According to UNESCO, a child born to a mother who has a high school diploma is 31 per cent more likely to survive past the age of five.

In 2021, Save the Children launched "She Belongs in School", a five-year project focused in Mozambique. With funding in partnership with Global Affairs Canada, the SBIS project includes the training of women and men who help shift views around discriminatory and harmful gender norms that hinder girls from attending school. Girls have rights. Societies must change.

The United Nations has proclaimed 24 January, 2024, as International Day of Education. International days are occasions to educate the public on issues of concern and to celebrate and reinforce achievements of humanity.

"Let's deliver education systems that can support equal societies, dynamic economies and the limitless dreams of every learner in life world."

- UN Secretary-General Antonio Guterres

# **CFUW Nepean Scholarship Trust**

-Betty Ann Grainger

As many of you know, the Board of Directors, based on membership opinion, have decided, instead of fundraising this year, to use the direct appeal approach to meet our scholarship/bursary goal of \$6,000 for female Algonquin College students.

As of **Oct 30**, the Nepean Scholarship Trust has received **\$1,528** in donations and we would like to thank those of you who have already made your generous contributions.

Should we not meet this \$6,000 goal, one fallback strategy is to draw down on capital.

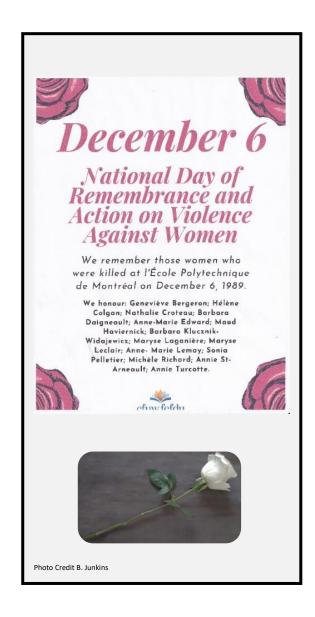
There are two ways to make a donation to CFUW Nepean Scholarship Trust:

1) On line through Canada Helps - by credit card - receipts will be issued directly to members for donations of \$20 or more.

Here is the link to the CFUW Nepean webpage on Canada Helps...

https://www.canadahelps.org/en/charities/CFUW nepean-scholarship-trust/

2) A cheque made out to CFUW Nepean Scholarship Trust and mailed to Marlene Patrick, Trust Treasurer. Her address is in the Membership List. Thank you for promoting the advancement of women through education awards.





# Oct 26, 2023 Environmental Action in Every day Life by the Environment and Climate Change Advocacy Sub Committee

On Oct 26,2023, the Environmental and Climate Change Sub-Committee (ECCC) of the National Advocacy Committee held a workshop on taking environmental action in your every day life. The workshop included four short presentations on a range of topics:

Plastic Withdrawal – Beth Junkins, CFUW Nepean Choosing Food – Amy MacLeod, CFUW Edmonton Repurposed Fabric Projects- 3R Eco bags and Blessing Bags Sharon Prevenost,

CFUW Lethbridge & District

Love Your Garbage — Lynne Kent, UWC Vancouver

The talks were entertaining, informative and practical. The session included a lively session brainstorming others ideas on concrete actions that we can take in our daily lives keeping the environment and climate change in mind.

You can watch the webinar using the link below:

https://us02web.zoom.us/rec/share/UsXUIscr4a 6uS-95Xzz8Ki8 U83fe7ICtyhsEYmewUHJ0Q4ikYdrjmOA7LbGbn.kbANtMJcG sNs2VHf

Passcode: i0z\$7rc1

#### **Green Christmas Ideas**

-Beth Junkins

Looking for some ideas to reduce your Holiday season footprint on the environment this year?

Perhaps you can find some useful ideas in the Green Grapevine issues from the last couple of years.

Go to the Green Grapevine articles in Nov 2022, Dec 2022 and Dec 2021 to find ideas on gifts and wrapping - and let me know what new ideas you come up with for this year. I will be sure to share them in future Grapevine articles!!

Hope your Festive season has a touch of Green!

# **CFUW Nepean Activities**Oct 3, 2023 General Meeting The Regulation of Plastics and Recycling

with Dr. Graham White
-Catherine Faubert

Dr. Graham White, retired Chemist Evaluator, Environment Canada, spoke about "Plastics and the Environment". His presentation included a) background history of plastics, b) many forms of plastics in our society, c) new Canadian Government Legislation and d) the future goals to limit micro-plastic consumption to save the environment.

The term "micro-plastics" was introduced in 2004 by Dr. Richmond Thompson, a Marine Biologist at the Univ. of Plymouth, UK. The definition includes extremely small pieces of plastic debris in the environment resulting from the disposal and breakdown of consumer products and industrial waste.

In an environmental context, plastics are often categorized by size, with macro-plastics being larger than 5 millimetres (mm) and micro-plastics being less than or equal to 5 mm. Sizes can range from a grain of sand (0.13mm) to a Covid virus (0.1 micron) or DNA (10 to 9 nanometers).

Examples of primary micro-plastics include microbeads found in personal care products, even cigarette butts, plastic pellets (or nurdles) used in industrial manufacturing, and plastic fibres used in synthetic textiles. Micro-plastics often end up in our sewars, Great Lakes, oceans and ultimately into marine life. Eight to ten million tons of plastic makes it way into the oceans every year. The statistics for wildlife annual death is appalling,100 million birds and 100.000 marine animals, like turtles, sperm whales and dolphins, are killed by ingestion of plastic for real food.

Our Federal Government has a "Canada Wide Action Plan for Zero Plastic Waste". Canada has

incrementally introduced legislation to ban the sale and manufacture of micro-beads with the goal to abolish micro-plastics by 2030. So far, the legislation has only affected 3% of plastic garbage waste. Canada generates 5 million tons of plastic annually or 2% of the global waste. We decompose 16% of our garbage, 50% is thrown away and only 4% is incinerated.

#### Key dates.

- July 2019 microbeads banned in toiletries.
- May 2021 added toxic plastic manufactured items
- Feb. 2022 public consultation on a regulation that would require plastic packaging to contain at least 50% recycled content by 2030
- June 2022 banned single use plastic items
- April 2023, Environment and Climate Change Canada published the <u>Recycled content and</u> <u>labelling rules for plastics: Regulatory</u> <u>framework</u>

Do these regulations placate the Environmentalists OR actually prove we are serious about this issue? Canada's single use plastic regulations faced a legal challenge (May 7, 2023) from the plastics lobby and the court ruled on Nov. 16, 2023 that the ban is unconstitutional

**Goals:** be a savvy consumer, more public education, more human studies of the impact of consumption of micro-plastics, more changes to public behavior



Photo Credit B. Junkins

# CFUW Nepean Activities Oct 12, 2023 Zoom Presentation The Strickland Sisters with Dr. Mary Jane Edwards

-Carole Baker

On October 12<sup>th</sup> at 7:00 pm via Zoom, Carleton University Professor Dr Mary Jane Edwards spoke about the Strickland Sisters, Catherine Parr Traill and Suzanna Moodie.

She read from her essay about "The Napoleonic Wars, Slavery, and Emigration: How the Strickland Sisters, Particularly Catharine Parr Strickland Traill and Susanna Strickland Moodie, Wrote Current Issues into Their Literary Works."

A specialist in early English-Canadian literature, her interest in Catharine Parr Strickland Traill and Susanna Strickland Moodie stems partly from her role as General Editor of the Centre for Editing Early Canadian Texts (CEECT), which produced a scholarly edition of each of Traill's The Backwoods of Canada (1836) and Canadian Crusoe's (1852) and Moodie's Roughing It in the Bush (1852). Dr Edwards provided interesting and informative details of how these two prolific authors' lives were influenced by their life situations and their ability to build on their creative talents.

The descriptions of their Canadian writings were fascinating and demonstrated their passion for botany and natural history in addition to championing the abolishment of slavery. In the inhospitable and hardscrabble bush of Canada, facing a pioneering existence that they never even knew existed, the well-educated, but modestly married, British born Strickland sisters, Susanna and Catharine, turned to the pen to ease their loneliness and isolation.

They found their material in their own hard lives, writing frankly about their bitter circumstances and deprivations. Because they had to depend on others to place their books with publishers, they

had no recourse if they were cheated. As a consequence, publication was endlessly postponed, and they received only a fraction of the royalties they deserved and desperately needed.

SUSANNA MOODIE 1803-1885 Her importance in Canadian literary history derives partly from her prominence as a contributor to the Literary Garland, the most successful literary periodical in the British North American provinces in the mid nineteenth century, but mostly from the quality of her classic settlement narrative Roughing It in the Bush (1852) and its first sequel, Life in the Clearings (1853).

Although Roughing It alone secures for the author an enduring place in Canadian literary history, Moodie did in fact create a trilogy of immigrant experience, from the initial preparations and the voyage out to the appraisal of Canadian towns and institutions in Life in the Clearings. Together these works present a vivid sense of the trials and accomplishments in pioneer and colonial life.

catharine park traill 1802-1899 wrote 24 books covering topics ranging from her life as a settler in Ontario to natural history, especially botany. Traill is considered a pioneer of Canada's natural history. Through her writing, she related the colonial experience and described the natural environment of Upper Canada for English readers.



Photo Credit Junkins

# Nov 7, 2023 General Meeting The Truth About Terrorism with Allan MacArtney

-Catherine Faubert

Allan MacArtney, Retired Senior Advisor,
Aboriginal Policy Development & Oversight for
Transport Canada spoke about "The Truth about
Terrorism". TERRORISM is defined as: the unlawful
use of violence and intimidation, especially against
civilians, in the pursuit of political aims, perceived
socio-economic disparities and failed ideologies.

While we think of 9/11, ISIS, HAMAS, Hezbollah as terrorism, modern terrorism is changing, and we see more mass shootings and murder and changing threats to our security.

Mr. MacArtney suggested that the media has spread mis-information and "have pumped up the sense of terrorism danger" He stated that the average person has a one in 15,300 chance of getting struck by lightning, which is higher than the risk of being affected by terrorism. He feels that much of the terrorist fear in the past 20 years has been unwarranted. (According to the World Global Terrorism Index, in 2022, deaths from terrorism fell by nine per cent to 6,701 deaths and was 38 per cent lower than at its peak in 2015).

The speaker felt airline travel was very safe (A study by MIT(2020) tracked airline safety showing from 2008 to 2017 passenger fatalities significantly reduced compared in the previous decade, The Safer Skies Consultative Committee (SSCC), created in July 2020, moderates and recommends global standards/guidance on mitigating the risks of conflict.)

The past decade has become the "age of rage" with many contributing factors. According to the speaker, Canada has been a relatively safe country, but over the past decade, nefarious

actors from "hot spots" have been trying to promote unrest. In some cases, incoming refugees have unresolved conflicts and trauma perhaps making them vulnerable targets.

Our Canadian bureaucracy needs to stay vigilant. 'Building Resilience Against Terrorism', Canada's first counter-terrorism strategy, assesses the nature and scale of the terrorist threat. Its overarching goal is "to counter domestic and international terrorism in order to protect Canadians and Canadian interests."

With terrorism threat levels ranging from medium to severe, our guest speaker emphasized several safety tips for travelling Canadians:

- -Be aware of your surroundings
- -Blend in
- -Don't have a vacation mindset
- -Avoid texting/using the phone in public areas put phone away
- -Know where the exits are
- -Don't leave valuables in the room
- -In subways, never stand near the edge
- -Dress appropriately don't stand out
- -Wear a purse with a cross strap
- -Keep money in multiple locations
- -Increase your awareness in crowded places
- -In a crowd, stay along the edge
- -Listen to your gut
- -Speak quietly, don't laugh too loudly
- -Act confident, not dumb

He gave an example. of the recent Carleton Univ. Graduation where a Pro-Palestine demonstration caused fear and anxiety in the audience. As a matter of course, when he arrived at his seat, he had identified his exit in case of an emergency. This would greatly increase his chances of escape, keeping him calmer and better able to make decisions. While he did not have to use it, he was very glad that he had taken the 10 seconds so that he had a plan if needed.

Good advice

# Nov 16, 2023 Zoom Presentation Affordable Housing with Suzanne Le from Multifaith Housing

-Carole Baker

Suzanne Le spoke to us about affordable housing in Ottawa. Suzanne joined Multifaith Housing Initiative, (MHI), a federally incorporated charitable housing provider, as Executive Director in 2013. Since that time, she has led the organization in a period of rapid growth. In addition to overseeing the construction and operations of the award-winning Haven community, Suzanne has led the creation of MHI's Veterans' House project.

Her research and academic studies into the core causes of conflict has led to her personal quest for those most at risk in our society and her stance that everyone, regardless of background, deserves an equal opportunity in life.

MHI is a not-for-profit charitable organization in Ottawa, established in 2002. MHI operates five housing sites in Ottawa: The Haven, Somerset Gardens, Blake House, Kent House and Veterans' House. Two more projects are in the works: Dream LeBreton and The Anchor.

Multifaith Housing Initiative exists to build affordable housing that helps fix Ottawa's housing crisis and gets at-risk people into secure, safe homes. Traditional practices have not been working... so MHI has adopted a different approach.

They are a coalition of faith groups who work with local businesses, civil society, the City of Ottawa and federal/provincial governments to build and house our communities for the future. This new way of working has created homes for more than 400 people, with more on the way. It has opened up new ways to gather the commitment, skills and

resources that build homes and strengthen communities. To have a safe, secure, affordable home is life changing.

Suzanne's talk about her successful and ongoing projects provided some hope in the midst of the housing issues and homelessness in our communities we are experiencing, especially for families.

# **Community Outreach**

-Marlene Sylvester

Outreach activities continue throughout the entire year. Members have been dropping off clothes, small kitchen appliances, towels, sheets, etc. all year. All of those have gone to House To Home which has helped over **800** families to date.

As we have done for many many years members contribute toiletries, diapers, clothing, books, PJs, puzzles, toys. These will be distributed to Interval House, Cornerstone, Elizabeth Fry Society and Minwaashin Lodge after December 5. These organizations provide safety, meals, and support for homeless women and their children.

Thank you to Dolores Dufresne and Caroline Wilson for helping with organizing and distributing the Christmas donations.

Thank you very much for your contributions and hopefully will put a smile on many faces during this Christmas season.

"We only have what we give" -Isabel Allende

Exiled Chilean author, founder of Isabel Allende Foundation, which supports nonprofit organizations targeting issues faced by women and girls in Chile and the San Fransisco Bay area

# Environmental Action Group (EAG)-Looking for your ideas !!!

-Beth Junkins

There are lots of effective and safe ways to tackle our cleaning needs that avoid using products that are hard on our environment. Some of these 'secrets' were well known to our mothers and grandmothers!

We would like to ask all of the members to tell us about their tried and true solutions. For example, rub lemon on an old quilt and leave it in the sun to remove yellow.

Please Email me with your safe home alternatives to commercial cleaning products and the EAG will share them in the spring. Looking forward to your tips

## **Art Tour**

-Judy Glass

On Nov 8th, twelve Art Tour members attended 'Norval Morrisseau - Medicine Currents' at the Carleton University Art Gallery. Our guide, Fiona Wright, led a lively, interactive discussion with us on key pieces in the exhibit with a focus on healing.

We discovered Morrisseau's life story and how his Indigenous, Christian upbringing, further spiritual growth and life challenges influenced his art and changing styles. These influences resulted in his original vibrantly coloured works with black outlines with symbolism of traditional Anishinaabe beliefs and wisdom that we have become familiar with.

Morrisseau was the creator of the Woodland art style, influencing generations of Indigenous artists.

#### **Armchair Travel**

-Marlene Sylvester

The Armchair Travel group meets the third Tuesday at 1:00pm every month except July and August.

In September we met in person at my home and Joy Forbes gave a very interesting travelogue on her trip to Jordan, Dubai, and the Emirates . In October Mary Alice Hossie's travelogue to Uganda was equally as interesting.

In November members watched Rick Steve's YouTube Travelogue on Palestinians and Israelis. Members then discussed on Zoom the conflicts and tragedies surrounding the two areas.

In December, we will go to Costa Rica which is one of the most biodiverse countries in the world.

Members will go on a YouTube Travelogue and then I will add a little bit of information on Zoom as I travelled there last March.

In January, we will travel to the Seychelles which is one of the world's smallest countries and has an array of marine life. Again, we will meet on zoom and discuss the video presentation.

In February we hope to have Mary Alice Hossie back again to talk about her trip to Ecuador. Depending on the weather, we may meet again at my home. Otherwise, she will do a presentation on zoom.

We try to have guest speakers in person as much as we can, but due to Covid, RSV, flu, and poor weather conditions we also rely on YouTube followed by a discussion on zoom. I try to introduce members to countries that no one in the group has ever been to or a place that is prominent in the news such as Moldova, Palestine, Busan.

Come and learn and enjoy travelling the world from your comfortable and safe home.

#### **Movie Matinee**

-Judy Glass

Club Movie lovers meet monthly on the second Friday of the month to enjoy a current movie release. Our October viewing 'A Haunting in Venice', based on an Agatha Christie novel, had us primed for Halloween.

In November, the group saw 'Killers of the Moon Flower'. This is an epic Scorsese film based on the murders of Osage people in the 1920's to divert the money from the sales of their oil. We had a lively discussion after this thought-provoking film.

Please let me know if you are interested in joining us. Next movie will be December 8<sup>th</sup>



'Swifties' having fun at the cinema!!

Photo Credit J. Glass

# **Lunching Out**

-Sharon Carew

The Lunching Out Group has met the third Wednesday of every month for the fall. The restaurants that we have attended have been Browns Social House, Victoria Trattoria and Les Grillades. All the above restaurants have served us excellent food.

Last month we had 18 people attend and everyone seemed to enjoy the food, friendships and lively conversations.

We will meet on Wednesday, January 17, 2024 and have Mexican food. I will send out the notice of the restaurant a few days before the event.

Thanks to everyone for your support.

## **Book Club**

-Rachel Plouffe

The CFUW Nepean Book Group meets on the fourth Tuesday of every month at 1pm on Zoom. There was some reluctance to going back to meeting in each other's homes, so it was decided to continue on Zoom. So far, the Zoom gremlins have kept their distance and our meetings have unfolded without complication. The book list is voted on, in June, and is based on the suggestions of members. Each meeting, we begin with a presentation of the month's book. Discussion follows and there is always a wide range of views and opinions.

It should be noted that one can join in without having read the book to enjoy the presentation and the always interesting discussion.

So far this year we have read and discussed:

#### The Henna Artist by Alka Joshi.

The book follows a sought-after henna practitioner in post independence Jaipur, India who has survived a harsh rural childhood and run away from an abusive, arranged teenage marriage.

#### **The Lincoln Highway by Amor Towles**, the author of *A Gentleman in Moscow*.

A reflective adventure story centered on three young men from disparate backgrounds with conflicting motives and moralities. They set out on a fateful journey across the United States following the famous Lincoln Highway.

## Our November 28 book will be On a Night of A Thousand Stars by Andrea Yaryura Clark.

A meditation on the power of truth, love, and redemption. The book is set in Argentina during the "Dirty War" and New York. A daughter, curious about her father's past, returns to Argentina and uncovers secrets.

#### Looking ahead:

January 23 will see a discussion of Hotline by Dimitri Nasrallah.

A vivid love letter to the 1980s and one woman's struggle to overcome the challenges of immigration.

## The February 27 book is **Being Mortal by Atul Gawande.**

The author explores the realities of aging and death from a point of view different from traditional modern medicine too often focused on the cure.

# The Green Grapevine

# **Fashion Dilemma**

-Beth Junkins

#### Did you know:

- 100 billion items of new clothing are produced each year
- 65% of the items will end up in landfill within a year
- Canadians dispose of 500 M kg of clothing and textiles each year
- less than 1% is recycled.
- 15% of all plastic produced is used in clothing (3<sup>rd</sup> behind construction and packaging)
- about 10% of global carbon emissions come from fashion and textile industries
- there is a mountain of discarded clothing in the desert at Atacama Chile, that is visible from space (https://www.space.com/mountain-discarded-clothes-chile-satellite-photo)

Watch for the Green Grapevine in January for a look at the environmental effects of the fashion and textile industry, and what actions we can take.

#### **CONTACT INFORMATION**

CFUW Nepean website – <a href="http://cfuwnepean.ca/">http://cfuwnepean.ca/</a>

CFUW Nepean social media -

- Facebook https://www.facebook.com/CFUW.Nepean
- Linkedin www.linkedin.com/company/67676158
- YouTube https://www.youtube.com/channel/UCmEVH4VhbIGQNW0kXT41e1A

CFUW National website – https://www.cfuw.org

GWI Web site – https://graduatewomen.org

CFUW Nepean email to contact the Webmaster – CFUWNepeanPR@outlook.com

CFUW Nepean email to contact the Editor of NewsBytes – CFUWNepeanNews@gmail.com

CFUW Nepean membership form – <a href="https://tinyurl.com/CFUWNepeanMembership2022-23">https://tinyurl.com/CFUWNepeanMembership2022-23</a>

